Autism 101
Module 4: Medicaid Waivers
Medicaid Waiver Programs & Services

A Brief Overview of the Virginia Medicaid Waiver Programs
Virginia Medicaid Waivers

- Virginia’s Medicaid Waivers allows for individuals with disabilities to remain in their homes and communities with services and supports.

- Medicaid financial requirements are based on the individual applicant’s income, not family’s.

- Autism is not an automatic criteria for any waiver, the applicant will need to have significant needs in functional needs (activities of daily living skills) and/or medical needs to qualify under the Uniform Assessment Instrument (UAI).

- We will explore two important Medicaid Waiver programs the state of Virginia offers.

  - **Commonwealth Coordinated Care (CCC) Plus Waiver** (formerly the Elderly or Disabled with Consumer–Directed Waiver and the Technology Assisted Waiver)

  - **Developmental Disabilities Waiver Program** (Building Independence (BI), Family & Individual Support (FIS) and Community Living (CL) waivers)

- For more information, please go to [http://www.thearcofva.org/resources-services/medicaid-waivers/](http://www.thearcofva.org/resources-services/medicaid-waivers/)
Virginia Medicaid Waivers

NEW WAIVER FOR 2017!

Commonwealth Coordinated Care Plus
Your Health. Your Care.
The CCC Plus Waiver is a new Medicaid program that combines the EDCD and Tech Waivers to provide medical, behavioral, substance use disorder, and long-term services and supports all under one program.

CCC Plus will be phased in by region across Virginia. It will begin in the Tidewater region on August 1, 2017.
The CCC Plus Waiver was established to allow individuals with disabilities and complex medical needs to live in their community and homes as long as possible with home based services and supports.

Currently, there is not wait list for this waiver.
Commonwealth Coordinated Care (CCC) Plus Waiver

Requirements include the following:

- You must have **medical nursing need(s)** and/or be at **imminent risk of nursing care placement**.
  - Some examples that **may** be considered are epilepsy, extensive therapies, other medical conditions that require on-going/continuous medical attention.

- Mental illness solely does not qualify as a disability for this waiver.

- You must meet the criteria for the Uniform Assessment Instrument (UAI).
  - Deficits in functional tasks including requiring assistance with eating, bathing, dressing, grooming, transferring and toileting.
How to Apply

- Request a UAI (Uniform Assessment Instrument) or Long-Term Care Screening through your local Department of Health or Social Services

- Chesapeake: (757) 382-8705
- Isle of Wight: (757) 365-0880
- Norfolk: (757) 683-2777 or (757) 644-6123
- Portsmouth: (757) 405-1800 ext. 8119
- Suffolk: (757) 514-7450
- Virginia Beach: (757) 518-2762
- Hampton: (757) 727-1800
- Newport News: (757) 926-6269
- Gloucester: (804) 693-1287
- James City County: (757) 259-3100
- Williamsburg: (757) 220-6161
- York County: (757) 890-3787
Commonwealth Coordinated Care (CCC) Plus Waiver

Contact your physician(s) before your screening and obtain a letter of support!

Here are some items to include in the letter:

1. How long have they treated your child/adult with Autism. When did they see them last.
2. Endorse that child/adult is at imminent risk of nursing care placement.
3. How will waiver services help.
4. List of all diagnoses.
5. List of functional limitations.
6. List of medications currently taking or have been prescribed.
7. List of hospitalizations.
8. List of safety concerns and self-injurious behaviors.
Commonwealth Coordinated Care (CCC) Plus Waiver

- To utilize the waiver, individuals must apply for and qualify for Medicaid if not already enrolled in Medicaid.
- You do not have to be enrolled in Medicaid when you apply for a waiver.
Commonwealth Coordinated Care (CCC) Plus Waiver

- After setting up an appointment, a nurse from your city’s health department will screen the individual in their home using the Uniform Assessment Instrument (UAI)
  - Explain day-to-day activities for your child or adult to include medical information, step-by-step information on task completion, etc.

- Prepare for the screening appointment:
  - Make a list of all relevant information you wish to discuss with the screening team, including:
    - Medical history, including any surgeries or hospitalizations
    - Medications (dosage, side effects)
    - List of physicians and specialists
    - List of therapies the individual is currently involved in or will be (if on wait list, has referral for, etc.)
    - Safety concerns (self-injurious behaviors, wandering, etc.)
    - Remember, you will have to show the individual has both medical and functional needs
Commonwealth Coordinated Care (CCC) Plus Waiver

- Services Offered Include:
  - Adult Day Health Care
  - **Personal Assistance Services**
  - Private Duty Nursing
  - **Respite Care**
  - Services Facilitation
  - Assistive Technology (AT) – $5,000 per calendar year
  - Environmental Modifications (EM) – $5,000 per calendar year
  - Personal Emergency Response System
  - Transition Services

- Your Agency or Service Facilitator will determine how many hours of personal assistance the consumer will receive. 480 hours of respite care is available to the consumer every fiscal year (July 1–June 30).
Commonwealth Coordinated Care (CCC) Plus Waiver

- Apply for Medicaid
  - Application is filled out as if you were the child applying
  - Looks at individual applicant’s income and resources, not family
    - For the CCC Plus Waiver, they will only take into account the individual applicant’s income and resources
States apply for Medicaid Waivers with the federal Medicaid agency known as the Centers for Medicare and Medicaid Services (CMS). This enables states to waive the usual requirements that individuals must reside in an institution in order to receive Medicaid funding for services. In this way, Medicaid funds certain community-based alternatives to institutional care. Virginia has been offering Medicaid funded community based supports to individuals with an intellectual disability through the ID Waiver since 1991, the Day Support (DS) Waiver since 2005, and individuals with developmental disabilities through the DD waiver since 2000. The three waivers were amended in September 2016 and are now called the Community Living, Building Independence and Family and Individual Supports waivers respectively.
Who can apply?

- Individuals age 3 or older
- Diagnosed with Developmental Disability
- Have significant needs in activities of daily life (functional tasks), which include:
  - Health status
  - Communication
  - Task learning skills
  - Personal and self care
    - Eating, Bathing, Dressing, Grooming, Transferring, & Toileting
  - Mobility
  - Behavior
  - Community Living Skills
Developmental Disabilities Waiver Program

How to Apply:
◦ Contact your local Community Services Board (CSB)
  • Virginia Beach – (757) 385–0602
  • Chesapeake – (757) 547–9334
  • Norfolk – (757) 823–1600
  • Portsmouth – (757) 393–8618
  • Suffolk – (757) 255–7126
  • Newport News and Hampton – (757) 788–0300
  • James City, York, Poquoson and Williamsburg – (757) 253–4061

What documents will you need to apply?
◦ Recent psychological evaluation (completed within the last three years)
◦ Diagnosis paperwork
◦ IEP or 504 plan
Developmental Disabilities Waiver Program

- Once your application is received, you will be scheduled a screening appointment

- You will take your child/adult with you to this appointment

- Screener will access level of needs based upon a review of functional needs through the VIDES (Virginia Individual Developmental Disability Eligibility Survey)

- When determining the level of supports the individual requires, you will need to be able to explain how you assist your child/adult with daily activities
  - Is the individual able to do the activity completely on their own?
  - Do you complete the activity fully for the individual?
  - Does the individual require supports to complete the activity, such as reminders, visuals, prompting?
Developmental Disabilities Waiver Program

For a complete list of services offered go to:

Services offered:
- Supported Employment
- Workplace Assistance
- Community Engagement
- Community Coaching
- Transition
- Day Services
- Individual & Family/Caregiver Training
- Service Facilitation – Consumer Directed or Agency
- Personal Assistance – Consumer Directed or Agency
- Respite – Consumer Directed or Agency
- Companion – Consumer Directed or Agency
Services offered:
- Shared Living
- Supported Living
- In-home Support
- Crisis (behavioral/mental health)
- Private Duty Nursing
- Skilled Nursing Care
- Personal Emergency Response System
- Therapeutic Consultation
- Assistive Technology
- Environmental Modification
- Electronic Home Based Services
Developmental Disabilities Waiver Program

- The waivers are currently assessed by priority levels.
  - Priority 1 – 0 to 12 months
  - Priority 2 – 1 to 5 years
  - Priority 3 – 5 plus years

- Why apply?
  - It shows the state of Virginia there is a growing need
  - If there’s a wait list now, there will most likely be a wait list in the future
  - Ensures services and supports are in place for adulthood
The Individual and Family Support Program (IFSP) is designed to assist individuals on the waiting list for the Developmental Disability Waiver Program to access short-term resources, supports, and services that will help them remain in their own community homes. Per the DOJ settlement agreement, the IFSP grant program must run until 2021.


If you have any questions, contact Bob Villa, IFSP Manager, via phone at 804–371–4696 or email: bob.villa@dbhds.virginia.gov

IFSP funds can be used to support individuals in a variety of ways, including: respite care, transportation services, behavioral consultation and/or behavior therapy, companion animals, assistive technology and home modifications, goods or products that directly support the individual, temporary rental assistance or deposits, fees for summer camp and other recreation service, temporary assistance with utilities or deposits, dental or medical expenses of the individual, and family education, information, and training.
Medicaid Waivers Updates

- Please check out the following websites for more Medicaid Waiver details:

  CCC Plus Waiver Information

  Developmental Disabilities Waiver Program

- Contact us if you have any questions or concerns

- Join our Meetup Group and Like our Facebook page to stay updated on [Medicaid Workshops](http://www.mylifemycommunityvirginia.org/)
Next Module: Resource Directory

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